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# RUTLAND COUNTY COUNCIL

## HEALTH COMMITTEE

# ANNUAL REPORT
# OF THE
# MEDICAL OFFICER OF HEALTH
# FOR
# 1962

Health Department,
County Offices,
Oakham.

Telephone Oakham 2544

A.D. Whitelaw, M.A.,M.D.,D.P.H.

# ANNUAL REPORT FOR 1962

## GENERAL STATISTICS

| | |
|---|---|
| Area of Administrative County (in acres) | 97,273 |
| Population (Registrar General's Estimate 1962) | 26,390 |
| Rateable Value (1st April 1962) | £ 287,772 |
| Product of a Penny Rate (Estimated) 1962/63 | £ 1,180. |

## VITAL STATISTICS

| | Rutland | England & Wales |
|---|---|---|
| Live Births | | |
| Number | 483 | |
| Rate per 1000 population | 21.2 | 18 |
| Illegitimate Live Births (per cent of total live births) | 3% | |
| Still Births | | |
| Number | 6 | |
| Rate per 1000 total and still births | 12 | 18.1 |
| Total Live and Still Births | 489 | |
| Infant Deaths (deaths under one year) | 8 | |
| Infant Mortality Rates | | |
| Total infant deaths per 1000 total live births | 16.6 | 21.4 |
| Legitimate infant deaths per 1000 ligitimate live births | 16.6 | |
| Illegitimate infant deaths per 1000 illegitimate live births | 0 | |
| Neo-natal Mortality Rate (deaths under four weeks per 1000 total live births) | 8.3 | |
| Early Neo-natal Mortality Rate (deaths under one week per 1000 total live births) | 8.3 | |
| Perinatal Mortality Rate (stillbirths and deaths under one week combined per 1000 total live and still births) | 20.4 | |

There was no maternal death during 1962.

| | | |
|---|---|---|
| Deaths | | |
| All causes | 259 | |
| Death rate per 1000 population | 10 | 11.9 |

CAUSES OF DEATH - 1962

| | 0- | | 1- | | 5- | | 15- | | 25- | | 45- | | 65- | | 75- | | All Ages | | Total |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | M | F | M | F | M | F | M | F | M | F | M | F | M | F | M | F | M | F | |
| Tuberculosis | - | - | - | - | - | - | - | - | - | - | - | 1 | - | - | - | - | - | 1 | 1 |
| Cancer of the Stomach | - | - | - | - | - | - | - | - | - | - | 1 | - | 1 | 1 | - | - | 2 | 1 | 3 |
| Cancer of Lung & Bronchus | - | - | - | - | - | - | - | - | - | 1 | 3 | 1 | 4 | 1 | 1 | - | 8 | 3 | 11 |
| Cancer of the Breast | - | - | - | - | - | - | - | - | - | - | - | - | - | 2 | - | - | - | 2 | 2 |
| Cancer of the Uterus | - | - | - | - | - | - | - | - | - | - | - | 2 | - | - | - | 1 | - | 3 | 3 |
| Cancer of all other sites | - | - | - | - | - | - | - | - | - | 2 | 5 | - | 4 | 3 | 7 | 3 | 16 | 8 | 24 |
| Diabetes | - | - | - | - | - | - | - | - | - | - | - | - | 1 | - | - | - | 1 | - | 1 |
| Vascular Lesions of the Nervous System | - | - | - | - | - | - | - | - | - | - | 3 | 2 | 6 | 2 | 5 | 6 | 14 | 10 | 24 |
| Coronary Disease, Angina | - | - | - | - | - | - | - | - | 1 | - | 8 | 3 | 10 | 8 | 8 | 8 | 27 | 19 | 46 |
| Hypertension with Heart Disease | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 3 | 1 | 3 | 1 | 4 |
| Other Heart Disease | - | - | - | - | - | - | - | - | - | - | 4 | 1 | - | 5 | 26 | 18 | 30 | 24 | 54 |
| Other Circulatory Disease | - | - | - | - | - | - | - | - | - | - | 3 | 1 | - | 1 | 1 | 3 | 4 | 5 | 9 |

CAUSES OF DEATH - 1962 (Cont'd)

| | 0- | | 1- | | 5- | | 15- | | 25- | | 45- | | 65- | | 75- | | All Ages | | Total |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | M | F | M | F | M | F | M | F | M | F | M | F | M | F | M | F | M | F | |
| Pneumonia | - | - | 1 | - | - | - | - | - | - | - | 1 | - | - | 2 | 6 | 9 | 8 | 11 | 19 |
| Bronchitis | - | - | - | - | - | - | - | - | - | - | 3 | - | - | - | 4 | 1 | 7 | 1 | 8 |
| Other Diseases of the Respiratory System | - | - | - | - | - | - | - | - | - | - | 1 | 1 | - | - | - | - | 1 | 1 | 2 |
| Ulcer of Stomach & Duodenum | - | - | - | - | - | - | - | - | - | - | - | - | 1 | - | 1 | - | 2 | - | 2 |
| Gastritis, Enteritis & Diarrhœa | - | - | - | - | - | - | - | - | - | - | - | - | 2 | - | - | 1 | 2 | 1 | 3 |
| Nephritis & Nephrosis | - | - | - | - | - | - | - | - | - | - | - | - | 1 | 2 | 1 | - | 2 | 2 | 4 |
| Hyperplasia of Prostrate | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 1 | - | 1 | - | 1 |
| Congenital Malformations | - | 3 | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | 3 | 3 |
| Other defined & Ill-defined Diseases | 3 | 2 | - | - | 1 | - | - | - | 1 | 1 | 2 | - | 1 | 2 | 7 | 2 | 15 | 7 | 22 |
| Motor Vehicle Accidents | - | - | - | - | 1 | - | 1 | - | 1 | - | - | - | 1 | - | 1 | - | 5 | - | 5 |
| All Other Accidents | - | - | - | - | - | - | - | - | - | - | - | - | 1 | - | - | 4 | 1 | 4 | 5 |
| Suicide | - | - | - | - | - | - | - | - | 2 | - | - | 1 | - | - | - | - | 2 | 1 | 3 |
| B/Fwd. from previous page | - | - | - | - | - | - | - | - | 1 | 3 | 27 | 11 | 26 | 23 | 51 | 40 | 105 | 77 | 182 |
| Totals (both pages) All Causes | 3 | 5 | 1 | - | 2 | - | 1 | - | 5 | 4 | 34 | 13 | 33 | 29 | 72 | 57 | 151 | 108 | 259 |

## CARE OF MOTHERS & YOUNG CHILDREN

Infant Welfare Centres were held as follows:-

| | | | | | | |
|---|---|---|---|---|---|---|
| Oakham | 2nd and 4th | Wednesday | each | month | at | 2.30 p.m. |
| Uppingham | 1st and 3rd | " | " | " | at | 2.30 p.m. |
| Ketton | 1st and 3rd | Tuesday | " | " | at | 2.30 p.m. |
| Empingham | 1st | Wednesday | " | " | at | 2.30 p.m. |
| Exton | 3rd | Wednesday | " | " | at | 2.30 p.m. |
| *Cottesmore Aerodrome | 2nd and 4th | Thursday | " | " | at | 2.00 p.m. |
| Edith Weston | 2nd and 4th | Tuesday | " | " | at | 2.30 p.m. |
| †Ryhall | 1st and 3rd | Thursday | " | " | at | 2.30 p.m. |

* Attendance restricted to R.A.F. families.
† Opened January 1962

Number of children who attended the above Centres during the year:-

| 1962 | 1961 | 1960-57 | Total number of children who attended during year |
|---|---|---|---|
| 217 | 172 | 141 | 530 |

Number of attendances during the year made by children who at the date of attendance were:-

| Under 1 year | 1 but under 2 | 2 but under 5 | Total Attendances |
|---|---|---|---|
| 1454 | 605 | 409 | 2468 |

## HEALTH VISITING

Number of Visits to Children

| No. of children under 5 visited | Under 1 year: First Visit | Under 1 year: Subsequent Visits | 1 - 2 years: Total Visits | 2 - 5 years: Total Visits |
|---|---|---|---|---|
| 1458 | 411 | 718 | 753 | 465 |

| | |
|---|---|
| Other cases visited ..... | 81 |
| Total number of families visited ..... | 1250 |

The figure given under "other cases visited" includes visits to the aged and infirm, mental defectives under statutory supervision, problem families, sociological (for patients proposed admission to a chronic sick or maternity hospital).*

In addition to the routine visiting of babies and toddlers the Health Visitors also investigate applications for admission to Catmose Vale (long-stay) Hospital, Oakham; and for admission to maternity accommodation. They also consult with the Children's Officer about problem families.

Both Health Visitors had other specific duties - Miss Samuel as the Non-Medical Supervisor of Midwives and Miss Welsh as Tuberculosis Health Visitor.

* Every effort is made to avoid unnecessary admissions to hospital by arranging for home nursing and home helps where possible.

## Report of County Dental Officer (Miss Joyce G. Campbell)

### Dental Care of Expectant and Nursing Mothers and Children under School Age. N.H.S. Section 22.

| | |
|---|---|
| No. of pre-school children inspected | 114 |
| " " pre-school children treated | 81 |
| " " extractions | 66 |
| " " local anaesthetics | 14 |
| " " general anaesthetics | 27 |
| " " fillings | 57 |
| " " dressings | 13 |
| " " silver nitrate | 19 |
| " " cleanings | - |
| " made dentally fit | 78 |

| | |
|---|---|
| No. of ante-natal cases inspected | 24 |
| " " post-natal cases inspected | 26 |
| " " ante-natal cases treated | 22 |
| " " post-natal cases treated | 24 |
| " " ante-natal fillings | 37 |
| " " post-natal fillings | 26 |
| " " ante-natal extractions | 16 |
| " " post-natal extractions | 6 |
| " " ante-natal X-rays | 1 |
| " " post-natal X-rays | 1 |
| " " ante-natal dentures | 7 |
| " " post-natal dentures | 5 |
| " " local anaesthetics | 9 |
| " " general anaesthetics | 3 |

There is little change in the Maternity and Child Welfare work. The number of pre-school children inspected and treated each year shows a steady increase. The majority of the mothers when questioned are found to be patients under the National Health Service scheme and are reluctant to break off for the year during which they are eligible for treatment under the local authority scheme. Every mother referred by health visitors or general practitioners is treated and encouraged to have the pre-school children in the family treated.

## COUNTY NURSING SERVICE

(Sections 23 & 25 N.H.S. Act)

Non-Medical Supervisor of Midwives

Miss J.K.Samuel, S.R.N., S.C.M., H.V.Cert. *

| | Oakham | Uppingham (until 6/10/62) | Luffenham | Langham | Market Overton | Total |
|---|---|---|---|---|---|---|
| All Home Nurse/ Midwives are S.R.N., S.C.M. | Mrs. Williamson | Mrs.Wylie Miss Seymour | Miss Hackett | Miss Joyce | Mrs. Carnachan | |
| **Cases** | | | | | | |
| Midwifery | 13 | 21 | 37 | 13 | 30 | 114 |
| Midwifery Discharged before 14th day | 8 | 17 | 28 | 3 | 24 | 80 |
| General | 116 | 137 | 53 | 140 | 53 | 499 |
| **Visits** | | | | | | |
| Midwifery | 285 | 372 | 584 | 262 | 690 | 2,193 |
| Midwifery Discharged before 14th day | 65 | 106 | 122 | 25 | 102 | 420 |
| General | 1,809 | 3,158 | 568 | 1,883 | 586 | 8,004 |
| Ante-natal & Post-natal | 163 | 265 | 338 | 198 | 596 | 1,560 |
| Attendances at I.W.C. | 11 | 25 | 19 | 10 | - | 65 |
| No. of times gas & air given | 12 | 18 | 33 | 11 | 29 | 103 |
| Pethidine given (Dr.'s present) | - | - | - | - | 3 | 3 |
| Pethidine given (Dr.'s not present) | 9 | 9 | 32 | 8 | 27 | 85 |

* Queen's Nurse

Mrs. Feeney S.R.N. was employed on Home Nursing duties only on a part-time basis until 6th September 1962. Miss G. Loomes 6/9 - 30/11/62. Mrs.E.Hornby from 30/11/62.

# VACCINATION AND IMMUNISATION

## Smallpox Vaccination

Number of persons vaccinated (or re-vaccinated) during the year 1962.

| Age at date of vaccination | Under 1 | 1 | 2 - 4 | 5 - 14 | 15 and over | Total |
|---|---|---|---|---|---|---|
| Number vaccinated | 49 | 106 | 113 | 330 | 485 | 1083 |
| Number re-vaccinated | - | - | 7 | 138 | 711 | 856 |

The high figures for the older age groups were due to the outbreak of smallpox in England early in 1962. No case of smallpox occurred in the County but many people asked for vaccination either for reasons connected with travelling or simply as a precaution.

†*Diphtheria Immunisation

| | Children born in years :- | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 1962 | 1961 | 1960 | 1959 | 1958 | 1953-57 | 1948-52 | Total |
| A. Number of children who completed a full course of primary immunisation | 89 | 125 | 22 | 8 | 5 | 74 | 31 | 354 |
| B. Number of children who received a secondary (Reinforcing) injection | - | 10 | 2 | - | 5 | 128 | 17 | 162 |

† Whooping Cough Immunisation

Number of children who have completed a primary course (normally 3 injections) of pertussis vaccine (singly or in combination) during the year ended 31st December, 1962.

| 1962 | 1961 | 1960 | 1959 | 1958 | 1953-57 | 1948-52 | Total |
|---|---|---|---|---|---|---|---|
| 89 | 125 | 22 | 8 | 5 | 74 | 31 | 354 |

* (Injections were given at general practitioners surgeries, schools and infant welfare centres).
† A Triple Antigen containing Tetanus as well as Diphtheria and Whooping Cough was always used.

## POLIOMYELITIS VACCINATION

Year ending 31st December 1962

| PRIMARY IMMUNISATION | | |
|---|---|---|
| Age Group | No. of Persons who have received | |
| | Salk | * Oral |
| Children born in 1962 | 7 | 9 |
| Children born in 1961 | 93 | 24 |
| Children & Young Persons born in years 1943-60 | 63 | 111 |
| Young Persons born in years 1933-42 | 31 | 32 |
| Others | 63 | 66 |
| Total | 257 | 242 |

| REINFORCING DOSES | |
|---|---|
| No. of Persons given 3rd injection of Salk Vaccine | 587 |
| " " " " 4th " " " " | 429 |
| " " " " Oral Vaccine | 728 |

*Live oral vaccine (Sabin) became available for routine vaccination early in 1962.

### TUBERCULOSIS

| New Cases | Pulmonary | | Non-Pulmonary | |
|---|---|---|---|---|
| Age Groups | M | F | M | F |
| 10 - 15 | - | 1 | - | - |
| 15 - 20 | - | 2 | - | - |
| 20 - 25 | - | - | - | - |
| 25 - 35 | 2 | - | - | - |
| 35 - 45 | 1 | - | - | - |
| 45 - 55 | - | - | 1 | - |
| 55 - 65 | 1 | - | - | - |
| 65 - 75 | - | 1 | - | - |
| over 75 | - | - | - | - |
| Totals: | 4 | 4 | 1 | - |

There was 1 death from tuberculosis during the year.

The Health Visitor paid 137 visits of enquiry to the homes of notified cases of tuberculosis and arranged for examination of contacts by the Chest Physician; and reported on home conditions. She also attends the chest clinics at Melton Mowbray and Stamford Hospitals for case consultations with the Chest Physicians on matters affecting the patients' families. Cases considered to be inadequately housed are referred by the Health Committee to the Local Sanitary Authority with a recommendation for re-housing where possible.

There were 5 patients receiving free milk at the end of the year.

B.C.G. Vaccination - Contact Scheme

| | |
|---|---|
| Number skin tested ..... ... | 17 |
| Number found positive ..... | 1 |
| Number found negative ..... .. | 16 |
| Number vaccinated ... . . . | 23 |

B.C.G. Vaccination - School Children Scheme

| | |
|---|---|
| Number skin tested ..... . | 666 |
| Number found positive ... .... | 217 |
| Number found negative ..... . | 479 |
| Number vaccinated .... . | 418 |

Vaccination of B.C.G. contacts was carried out at the Chest Clinics.
The skin testing of contacts is normally carried out by the Health Visitor - Miss Welsh.

## HOME HEALTH SERVICES

The Health Visitors follow up all cases discharged from Hospital if asked to visit - mainly from Maternity Units.

There are no arrangements for Health Visitors to work in conjunction with General Practitioners. The home nurse/midwives however work harmoniously with the doctors in their districts.

### Health Education

Although no Health Education Officer is employed every effort is made, through the exhibition of posters and direct contact between the Health Department staff and the general public, to promote health education.

Material for display is distributed to infant welfare centres, schools, the School Dental Service and the Schools Meals Service.

During the Year the Dental Officer held a competition for a poster on Dental Health and arranged for a Mobile Dental Exhibition to be in attendance at the Annual Show of the Rutland Agricultural Society.

### Smoking and Health

Following the publication of the Report by the Royal College of Physicians on Smoking and Health regarding ways and means by which a publicity campaign on this subject might be promoted it was decided to take advantage of the Central Council for Health Education's offer to place at the disposal of local authorities a Mobile Unit. Arrangements were made for one of the Mobile Units to visit the County on 9th, 10th and 11th October, to give lectures and show filns on "Smoking and Health". Visits were paid by this Unit to secondary and primary schools, Uppingham Public School, two factories, a Rotary Club meeting and two parent teacher associations.

### Mental Health Services

Further developments in the Mental Health Services are included in the Council's 10 year plan.

The after care of mental health cases discharged from the Hospitals continues to be undertaken by the Mental Welfare Officer who visits them when requested to do so by the Hospital, and he is usually successful in obtaining remunerative employment for them.

## CHIROPODY SERVICE

(N.H.S. Act Section 28)

This service continues to expand and another clinic was opened at Ryhall in October 1962 with Miss Farndell in attendance.

The secretaries and other voluntary helpers at the Old People's Clubs again gave valuable help in running the Chiropody Clinics.

| Centre | | Secretary | No. of Clinics | No. of Attendances |
|---|---|---|---|---|
| *Oakham | Victoria Hall | Mrs.B.W.Clark | 18 | 171 |
| *Uppingham | Darby & Joan Club High Street | Mrs.E.M.Wilson | 11 | 93 |
| †Ketton | Bishop Clayton Hall | Mrs.F.R.Sivers | 10 | 67 |
| *Langham | The Institute | Mrs. L.Green | 11 | 87 |
| †Ryhall | Village Hall | Mrs.R.E.Whatley | 3 | 21 |

* Mr. Doyles in attendance.
† Miss Farndell in attendance.

## AMBULANCE SERVICE

(Section 27)

Statistics for the year ending 31st December 1962 :-

DIRECTLY CONTROLLED SERVICE

| 1962 | AMBULANCES | | CARS | |
|---|---|---|---|---|
| | PATIENTS | MILEAGE | PATIENTS | MILEAGE |
| 1st QUARTER | 1992 | 20043 | 1112 | 12608 |
| 2nd QUARTER | 2181 | 21702 | 1094 | 11467 |
| 3rd QUARTER | 2537 | 26116 | 828 | 7742 |
| 4th QUARTER | 2624 | 23260 | 737 | 8379 |
| TOTAL | 9334 | 91121 | 3771 | 40196 |

EMERGENCY JOURNEYS INCLUDED IN ABOVE FIGURES:- 424

STAMFORD AGENCY - RUTLAND AREA

| | AMBULANCES | | CARS | |
|---|---|---|---|---|
| | PATIENTS | MILEAGE | PATIENTS | MILEAGE |
| 1st QUARTER | 245 | 2266 | 142 | 1097 |
| 2nd QUARTER | 256 | 2193 | 123 | 1227 |
| 3rd QUARTER | 222 | 1862 | 140 | 1019 |
| 4th QUARTER | 237 | 2343 | 254 | 1832 |
| TOTAL | 960 | 8664 | 659 | 5175 |

The increase in mileage over last year was just over 1% and this can be considered as reasonable compared with the national average of approximately 2%. Again there was an increase in the number of patients carried other than Section 27 cases, i.e. mentally disordered, mentally sub-normal and for the school health service patients to the speech therapy, refraction and dental clinics.

### Equipment

Another Stephenson Minuteman resuscitator was purchased during the year and was used on a number of occasions.

### Training

All the drivers attended First Aid and Civil Defence classes during the year. Following the publication of the Ministry of Health's Standing Medical Advisory Committee's Report on Accident and Emergency Services advanced training for the drivers was approved by the Health Committee.

### Radio Control

The control of the ambulance service by radio telephone became operative on 14th September 1962 and its effects can be seen by comparing the mileage covered by ambulances and cars over the last few months of the year. The transmitter, situated on the G.P.O. site on Cold Overton Hill, Oakham, is remotely controlled from the Health Department. Calls from vehicles are heard initially on a loud-speaker on a telephone handset, this loudspeaker cuts out immediately the telephone is lifted and operated as any G.P.O. telephone. Each ambulance driver reports on leaving and returning to Oakham (his home or the Depot), and on arriving at or leaving a hospital. Signals have been loud and clear on all normal routes taken by the ambulances.

The following draft Agreement was approved at the November Meeting of the County Council -

## OAKHAM RADIO STATION

The Postmaster General to give permission to the Rutland County Council to erect an aerial to the Post Office Tower situated at Cold Overton Hill near Oakham, subject to the following rights.

1. Subject to the conditions set out in Para. 7 the right to erect, alter and maintain one aerial on the Post Office Tower, to instal radio equipment in its own building, and to provide cable connections between this equipment and the aerial. This right also subject to the prior approval of the plans by the Postmaster General, and to the Rutland County Council obtaining the necessary planning approval.

2. Right of access to the site and tower for maintenance and installation purposes subject to suitable arrangements being made with the Post Office Engineer, Telephone Number, Melton Mowbray 2289, on each occasion. Should the Postmaster General incur extra charges in providing attendance on the Rutland County Council in the exercise of its right of access then the Rutland County Council will reimburse the Postmaster General with the cost thereof.

3. The term is to be for 21 years.

4. The rent for the aerial to be £25. per annum.

5. The Rutland County Council to make their own arrangements for the provision of the electricity supply for their equipment.

6. Both parties to have the right to terminate the lease by giving to the other party 2 years notice in writing.

7. The following conditions shall be observed by the Rutland County Council.

   (a) No radio equipment aerials or feeders shall be installed or modified until drawings and full details of the installations or modifications have been submitted to the Postmaster General, and approved by him in writing.

   (b) The Postmaster General shall have the right to supervise all installation or modification work performed by the Rutland County Council and Rutland County Council will bear the cost of any such supervision required.

   (c) The Rutland County Council will maintain the radio equipment, aerial and feeder system in accordance with good engineering practice and to the satisfaction of the Postmaster General.

   (d) If the activity of the Rutland County Council in relation to the installation, subsequent to the lease, shall cause interference with the Postmaster General's service, etc., Rutland County Council shall take immediate remedial action.

   (e) If at any time subsequent to the lease the Rutland County Council's installation obstructs works or improvements on the Postmaster General's site or installation the Rutland County Council will divert or modify its installation at its own expense.

   (f) In installing or maintaining equipment on the tower the Rutland County Council will observe the Post Office Safety Regulations insofar as they apply to work or masts or towers.

   (g) The Rutland County Council will provide and maintain fire fighting appliances and observe all such fire precautions as the Postmaster General may require.

   (h) In the event of the Postmaster General having to perform any work or provide any service the cost of which is proper to be borne by the Rutland County Council, then the Rutland County Council will reimburse the Postmaster General with the cost thereof.

8. The Rutland County Council will at all times give full co-operation should the Postmaster General or other body acting within the permission of the Postmaster General desire to erect or maintain any aerials or towers on the site. The Post Office agree that the Rutland County Council should be informed of any intention to allow another tenant on the site.

## AMBULANCE SERVICE

| Year | Directly Controlled Service | | | | | | Agency Service | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | Ambulances | | Cars | | Total | | St.Johns Ambulance Brigade & Kesteven C.C. | | | |
| | | | | | | | Ambulances | | Sitting-Case Vehicles | |
| | Mileage | Patients | Mileage | Patients | Mileage | Patients | Mileage | Patients | Mileage | Patients |
| 1950 | 29,007 | 1,848 | 26,118 | 1,798 | 55,125 | 3,646 | 3,073 | 310 | 17,419 | 942 |
| 1951 | 41,053 | 2,806 | 15,778 | 1,222 | 56,831 | 4,028 | 2,921 | 320 | 20,007 | 1,294 |
| 1952 | 48,611 | 3,668 | 21,694 | 1,855 | 70,305 | 5,523 | 2,337 | 320 | 22,969 | 1,830 |
| 1953 | 60,439 | 3,901 | 26,664 | 2,035 | 87,103 | 5,936 | 2,632 | 189 | 15,460 | 1,186 |
| 1954 | 56,631 | 3,971 | 40,653 | 2,518 | 97,284 | 6,489 | 3,324 | 247 | 13,891 | 977 |
| 1955 | 58,140 | 4,658 | 61,171 | 4,000 | 119,311 | 8,658 | 2,675 | 222 | 8,907 | 642 |
| 1956 | 68,313 | 5,423 | 43,072 | 3,127 | 111,385 | 8,550 | 2,970 | 248 | 6,791 | 495 |
| 1957 | 73,533 | 6,176 | 42,707 | 2,793 | 116,240 | 8,969 | 6,944 | 562 | 3,894 | 361 |
| 1958 | 72,630 | 5,941 | 30,982 | 2,256 | 103,612 | 8,197 | 10,141 | 987 | 7,843 | 614 |
| 1959 | 63,173 | 6,027 | 44,197 | 3,621 | 107,370 | 9,648 | 10,287 | 973 | 7,325 | 505 |
| 1960 | 73,673 | 7,362 | 41,290 | 3,373 | 114,963 | 11,410 | 8,358 | 817 | 5,181 | 407 |
| 1961 | 82,058 | 8,257 | 47,893 | 4,006 | 129,951 | 12,263 | 8,422 | 996 | 4,809 | 519 |
| 1962 | 91,121 | 9,334 | 40,196 | 3,771 | 131,317 | 13,105 | 8,664 | 960 | 5,175 | 659 |

## HOME HELP SERVICE

(Section 29 N.H.S. Act.)

(W.V.S., County Organiser - Mrs. A.J.Harms)

### Cases Table

| | Total | Cases included in previous column in which help began prior to 1962 |
|---|---|---|
| Maternity | 11 | - |
| Tuberculosis | - | - |
| Geriatric | 64 | 50 |
| Others | 9 | 2 |
| Totals: | 84 | 52 |

During the year there have been 36 helps employed - an average of 6 in Oakham and the remainder in the rural districts.

The helps have worked a total of 19,656¾ hours, an increase of almost 4,000 hours on last year's total. They attended an average of 63 cases each week during the year. On the 31st December the helps were attending 59 cases with 2 bookings - 1 confinement and 1 housewife returning home following an operation.

## WELFARE FOODS SERVICE

Welfare Foods issued by the Ministry of Health continued to be distributed at Centres throughout the County. There were 22 centres, 10 being at the Village Post Offices, 11 in the homes of W.V.S. personnel, and the main Depot at the W.V.S. Office at the Lodge, Oakham.

| | |
|---|---|
| National Dried Milk (full & half cream) issued ..... | 7,132 tins |
| Cod Liver Oil ..... | 288 bottles |
| Vitamin Tablets ..... | 408 packets |
| Orange Juice ..... | 3,912 bottles |

MENTAL HEALTH ACT 1959

Number of patients referred during year ended 31st December 1962

| | Mentally ill | | | | Subnormal | | | | Severely subnormal | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Under age 16 | | 16 and over | | Under age 16 | | 16 and over | | Under age 16 | | 16 and over | | Total |
| | M | F | M | F | M | F | M | F | M | F | M | F | |
| (a) General practitioners | - | - | 8 | 8 | - | - | - | - | - | - | - | - | 16 |
| (b) Hospitals, on discharge from in-patient treatment | - | - | 3 | 3 | - | - | - | - | - | - | - | - | 6 |
| (c) Hospitals, after or during out-patient or day treatment | - | - | 1 | 1 | - | - | - | - | - | - | - | - | 2 |
| (d) Local education authorities | - | - | - | - | 1 | - | - | - | - | - | - | - | 1 |
| (e) Police and courts | - | - | - | - | - | - | - | - | - | - | - | - | - |
| (f) Other sources: Health Visitors | - | - | - | - | 2 | - | - | - | - | 2 | - | - | 4 |

| Number of Patients under care at 31.12.62. | Mentally Ill | | | | Subnormal | | | | Severely Subnormal | | | | Totals | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Under Age 16 | | 16 and Over | | Under Age 16 | | 16 and Over | | Under Age 16 | | 16 and Over | | Under Age 16 | | 16 and Over | |
| | M | F | M | F | M | F | M | F | M | F | M | F | M | F | M | F |
| 1.a) Receiving training or occupation in day centre | - | - | - | - | 3 | 3 | 1 | 1 | - | - | - | - | 3 | 3 | 1 | 1 |
| Awaiting training or occupation in a day centre | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| b) Receiving training or occupation in residential centre | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| Awaiting training or occupation in residential centre | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| c) Receiving home training | - | - | - | - | 4 | 1 | 1 | 1 | - | - | - | - | 4 | 1 | 1 | 1 |
| Awaiting home training | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| d) Resident in Home/Hostel | - | - | 1 | 1 | - | - | 2 | 3 | - | - | - | - | - | - | 3 | 4 |
| Awaiting residence in Home/Hostel | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| e) Resident at L.A. expense in private residential home | - | - | - | - | - | - | 1 | - | - | - | - | - | - | - | 1 | - |
| f) Receiving home visits and not included under (a) or (e) | - | - | 7 | 4 | - | - | 14 | 11 | 2 | 2 | 2 | 4 | 2 | 2 | 23 | 19 |
| 2. Number of Patients in L.H.A. area on waiting list for admission to hospital at 31.12.62. | | | | | | | | | | | | | | | | |
| a) In urgent need of hospital care | - | - | - | - | - | - | - | - | - | 1 | - | - | - | 1 | - | - |
| b) Not in urgent need of hospital care | - | - | - | - | 1 | - | 2 | 3 | - | 1 | - | - | 1 | 1 | 2 | 3 |

## National Assistance Act, 1948

### Welfare of Disabled Persons, (Sections 29 and 30)

The Royal Leicester, Leicestershire and Rutland Institution for the Blind have kindly supplied the following information :-

Summary of the causes of blindness and partial sight of new cases registered during the year -

| | Cataract | Glaucoma | Retrolental Fibroplasia | Others | Total |
|---|---|---|---|---|---|
| Blind | 2 | - | - | 2 | 4 |
| Partial | 2 | - | - | - | 2 |

### Welfare of the Blind

The Ministry of Health issued a circular on the Development of Local Authority Health and Welfare services, but no significant changes are contemplated during the next ten years in the Welfare services for the Blind. The Royal Leicester, Leicestershire and Rutland Institution for the Blind continues to act as the agent of the County Council, who make an annual contribution. (The Rutland Representative on the Committee is Mrs.G.A.Ream of Uppingham). The following particulars have been kindly supplied by the Secretary, Mr. C. Brown, B.E.M.

Blind Register

Number of persons on register at the 1st January 1962 ..... ... 56
" " " " " " " 31st December 1962 ..... 54

Registered Blind Persons in Rutland

Age Groups

| 0-10 | 11-15 | 16-29 | 30-39 | 40-49 | 50-59 | 60-64 | 65-69 | 70-79 | 80-84 | 85-89 | 90+ | Total |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 2 | - | 1 | 3 | 6 | 8 | 5 | 7 | 14 | 5 | 2 | 54 |

Lyndwood Home, Stoughton Road, Leicester. One lady was accommodated for a holiday period of two weeks, during the summer, and one is permanently resident there.

One man has been admitted into the Wycliffe Homes for the Blind, Gedding Road, Leicester.

The Home Teacher, Miss Honeywell, made 429 visits, and gave 27 lessons and attended 15 Handicraft sessions at Lyndon Hall.

During the year 6 socials for blind people and their guides were held in Uppingham, Whissendine, Oakham, Braunston, Langham and Glaston. Other events organised were Bulb growing competition, outing to Hunstanton, and Overstone Park, Harvest Festival, and Christmas lunch.

The Institution was pleased to take part in the Geriatric Association Exhibition in Oakham by showing a display of apparatus for the blind and articles made by blind people.

Partially Sighted Register.

Number of persons on register at the 1st January 1962 ..... 15
" " " " " " " 31st December 1962 ..... 13

Registered Partially Sighted Persons in Rutland

Age Groups

| 0-4 | 5-15 | 16-20 | 21-49 | 50-64 | 65+ | Total |
|---|---|---|---|---|---|---|
| - | 1 | - | 2 | 2 | 8 | 13 |

## WELFARE OF THE DEAF AND DUMB

An annual grant is made to the Northamptonshire and Rutland Mission to the Deaf, who give valuable help - on an agency basis - in promoting the welfare of the deaf and dumb in the County. (The Chaplain Secretary is the Rev. Kenneth Earle, B.A., St. Mark's Institute for Deaf, Northampton).

Lip reading classes and club activities are available at Kettering, Rothwell, Rushden, Northampton, also Church Services on Sundays at these places plus Corby, Raunds, Islip, Wellingborough. Overnight accommodation can be arranged at Northampton if desired for people wishing to attend from Rutland.

Church Services and Club activities are also held at Peterborough to which Rutland people usually go.

Three men, and one lad recently left school, are in full employment. All arrangements have been made for one of these men, nearing retirement age to go to a very nice Home for the Deaf when he reaches retirement.

One woman who is Deaf, Dumb, and Blind has been at the British Home for the Deaf & Dumb, 25, Clapton Common, London, E.5., since 1954.

## WELFARE OF OTHER HANDICAPPED PERSONS

### Spastics

A man (aged 33) considered suitable for training under the Sheltered Work Scheme was admitted to Papworth.

### Disseminated Sclerosis

A man (aged 41) was admitted to Holme Lodge (Cheshire Home) West Bridgford, Nottingham.

### Epileptics

1 female (aged 16) was admitted to The Lingfield Epileptic Colony for Commercial Training (she had previously attended Lingfield Special School for Epileptic children).

## MEDICAL LOAN DEPOTS

This service is organised by the British Red Cross Society (County Director - Mrs. S. Wilson). The larger articles - wheel chairs, crutches bed-rests, tables, dunlopillo beds and rings can be obtained on request from the Red Cross Office, 56, High Street, Oakham or from the Health Department, County Offices, Oakham. Smaller items are held by the village representatives of the Red Cross.

## FOOD AND DRUGS ACT, 1955

Sampling was carried out by Mr. H. Tabberar, Public Health Inspector to the Oakham Urban District Council (by arrangement with his Authority). The total number of samples taken during the year was 47 - all were satisfactory.

| Article | Formal | Informal | Article | Formal | Informal |
|---|---|---|---|---|---|
| Milk | 15 | 1 | Vinegar | 1 | 1 |
| Margarine | - | 3 | Cheese Food | - | 1 |
| Cooking Fat | - | 2 | Welsh Rarebit Instant | - | 1 |
| Beef Suet | - | 1 | Beer | - | 5 |
| Cake & Pudding Mix | - | 6 | Cough Mixtures | - | 3 |
| Cornflour | - | 1 | Milk Drink Flavoured | - | 1 |
| Flour | - | 4 | Fruit Drinks | - | 1 |

## REGISTRATION OF NURSING HOMES

(Sections 187 to 194, Public Health Act, 1936)

| | Number of Homes | Number of beds provided for | | |
|---|---|---|---|---|
| | | Maternity | Others | Totals |
| Homes first registered during the year | - | - | - | - |
| Homes on register at end of year | 1 | 1 | 35 | 35 |

## RURAL WATER SUPPLIES AND SEWERAGE ACTS, 1944 - 1955.

The following schemes were approved by the County Council during the year :-

| | |
|---|---|
| Uppingham Rural District | Uppingham Sewerage and Sewage Disposal Scheme (replacement of the Uppingham Sewage Farm by a modern sewage disposal works on the activated sludge principle). |
| Ketton Rural District | Extension of sewage disposal works in the Parish of Ketton. |

A. D. WHITELAW,

County Medical Officer

APPENDIX

Ministry of Health Circular 2/62 (Part II)

RUTLAND COUNTY COUNCIL

Health and Welfare Services - Capital Programme

| Financial Year | Scheme | Location and Size | Need | Provisional Cost | Effect on Revenue Expenditure in a full year. |
|---|---|---|---|---|---|
| 1962-63 | Provision of radio control equipment in ambulances | Control at Oakham | New Provision | £1,500 | + £1,500 Project financed from revenue |
| 1963-64 | Ambulance Depot with three houses | Station Road, Oakham. | New and Part-replacement | Building £16,500<br>Land £ 4,500 | + £3,000 |
| 1964-65 | Junior Training Centre | Oakham 24 places | New Provision | Building £10,000<br>Land £ 1,000 | + £4,400 |
| | Infant Welfare Centre | Oakham | | Building £ 6,000 | + £1,000 |
| 1965-66 | Adult Training Centre | Oakham, 15 places | New Provision | Building £ 7,000<br>Land £ 1,000 | + £3,700 |
| 1966-67 | Hostel for Mentally Sub-normal | Oakham, 10 places | New Provision | Building £13,500<br>Land - | + £4,000 |

APPENDIX

| | 1961-62 (Numbers in post as at 31.3.62.) | 1962-63 | 1963-64 | 1964-65 | 1965-66 | 1966-67 | 1971-72 (Estimate of numbers at end of the second five year period). |
|---|---|---|---|---|---|---|---|
| Doctors (including M.O.H.) | 1 | $1\frac{1}{3}$ | $1\frac{1}{3}$ | $1\frac{1}{3}$ | $1\frac{1}{3}$ | $1\frac{1}{3}$ | $1\frac{1}{3}$ |
| Dentists | 1/11th | 1/11th | 1/11th | 1/11th | 1/11th | 1/11th | 1/11th |
| Domiciliary midwives | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| Health Visitors | 2 | 2 | 4 | 4 | 4 | 4 | 4 |
| Home Nurses | 4 | 4 | 4 | 4 | 5 | 5 | 5 |
| Staff (other than domestic) in Day Nurseries | - | - | - | - | - | - | - |
| Other Nursing Staff in the Health Services | - | - | - | - | - | - | - |
| Ambulance Staff (Total of all grades (Give No. of Vehicles in brackets) | 3(4) | 3(4) | 5(5) | 5(5) | 5(5) | 5(5) | 5(5) |
| Staff (other than domestic) in Training Centres for Mentally Sub-Normal | - | - | - | 2 | 3 | 3 | 3 |
| Home Helps (including supervisory staff) | 10 | 10 | 10 | 10 | 11 | 11 | 12 |
| Staff (other than domestic) in residential accommodation under S.21/48 or 28/46. | 8 | 8 | 8 | 9 | 9 | 9 | 10 |
| Staff (other than domestic) in non-residential centres for the handicapped under S.29/48. | - | - | - | - | - | - | - |
| Domiciliary Social or Welfare Workers | | | | | | | |
| (a) University or equivalent professional training (i.e. almoners, psychiatric social workers and family case workers) | - | - | - | 1 | 1 | 1 | 1 |
| (b) General training in social work (i.e. with certificate of Social Workers Training Council when available). | - | - | - | - | - | - | - |
| (c) Other Social Workers | 2 | 2 | 2 | 1 | 1 | 1 | 2 |
| (d) Welfare Assistants | - | - | - | - | - | - | - |